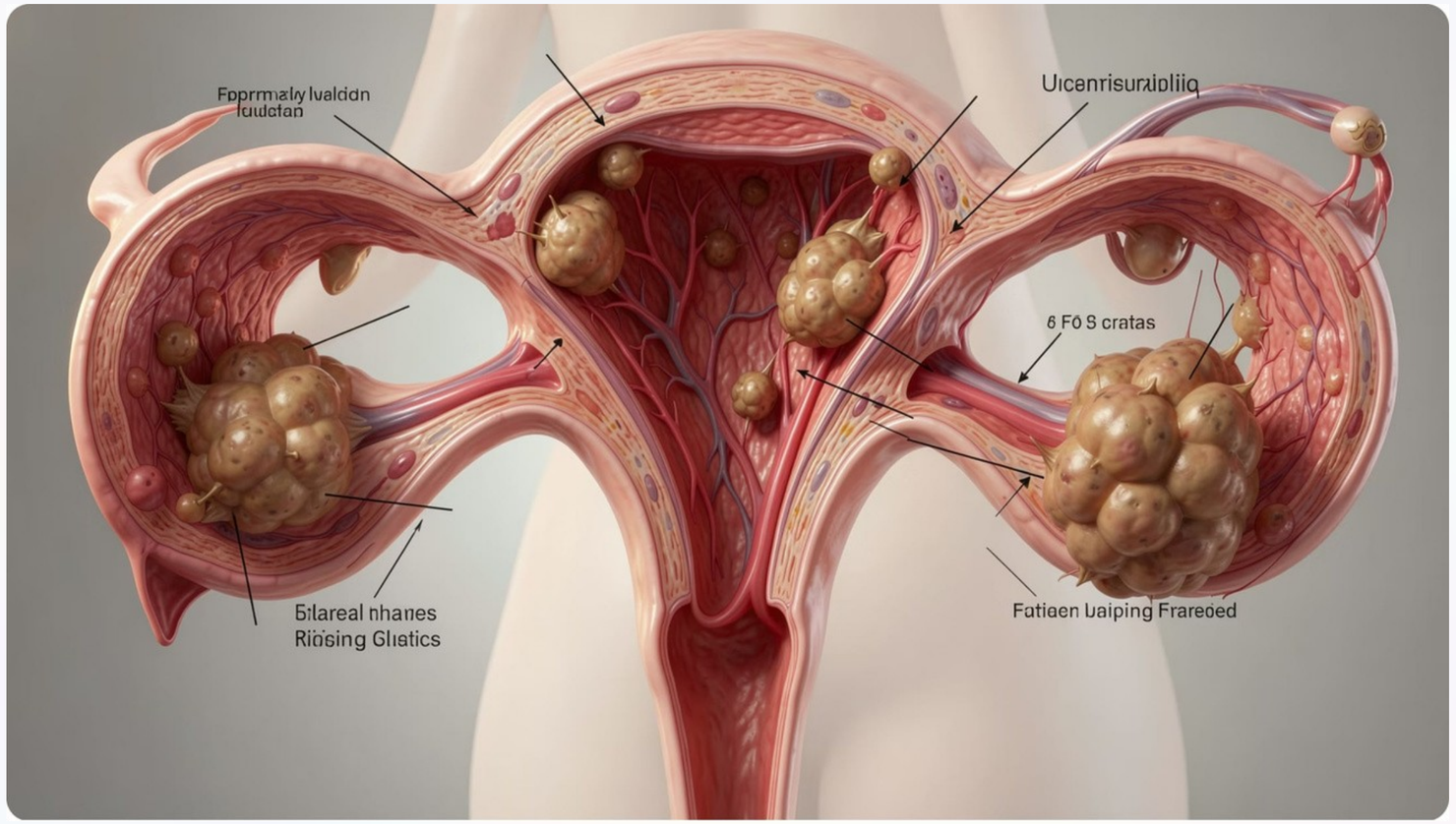
Advanced Fibroid Treatment in Delhi

Uterine fibroids are among the most common non-cancerous growths affecting women in their reproductive years. At **Shri Ram Hospital, Vikaspuri**, our experienced gynaecologists provide comprehensive diagnosis and advanced treatment — from medical management to minimally invasive surgery — tailored to your condition and fertility goals.

SHRI RAM HOSPITAL · VIKASPURI, DELHI

What Are Uterine Fibroids?



Uterine fibroids (leiomyomas) are benign muscular growths that develop within or around the uterus. Many remain symptom-free, but larger or multiple fibroids can significantly impact health and quality of life.

Submucosal

Inside the uterine cavity

Intramural

Within the uterine wall

Subserosal

On the outer surface

Pedunculated

Attached by a stalk

Symptoms That May Require Treatment

Fibroid symptoms vary by size, number, and location. If these interfere with daily life, consult a **fibroid specialist in Delhi**.

Heavy or Prolonged Bleeding

Menstrual bleeding that is excessive or lasts longer than normal

Pelvic Pain or Pressure

Discomfort or a sensation of heaviness in the lower abdomen

Frequent Urination

Pressure on the bladder causing increased frequency

Fertility Challenges

Difficulty conceiving in some cases

Back Pain & Enlarged Abdomen

Lower back pain and visible abdominal enlargement

Pain During Intercourse

Discomfort that affects intimate relationships

Made with GAMMA

Comprehensive Diagnosis for Accurate Treatment

Our Diagnostic Approach

At Shri Ram Hospital, diagnosis begins with a thorough gynaecological assessment to determine the most effective treatment path.

01

Medical History

Detailed review of symptoms and reproductive history

02

Pelvic Examination

Physical assessment of the uterus and surrounding structures

03

Ultrasound Imaging

Non-invasive visualisation of fibroid size and location

04

Advanced Imaging

MRI or other scans when clinically indicated

05

Fertility Assessment

Evaluation of reproductive goals to guide treatment planning

Advanced Treatment Options

Treatment is personalised based on your symptoms, age, fertility plans, and fibroid characteristics. Every plan is designed to preserve health while minimising recovery time.

Medical Management

Medication for selected patients to control symptoms

Observation

Monitoring asymptomatic fibroids without immediate intervention

Hysteroscopic Myomectomy

Minimally invasive removal of cavity fibroids — no incisions

Laparoscopic Myomectomy

Keyhole surgery for larger or multiple fibroids

Open Myomectomy

Traditional surgery when clinically required

Hysterectomy

Considered in carefully selected cases

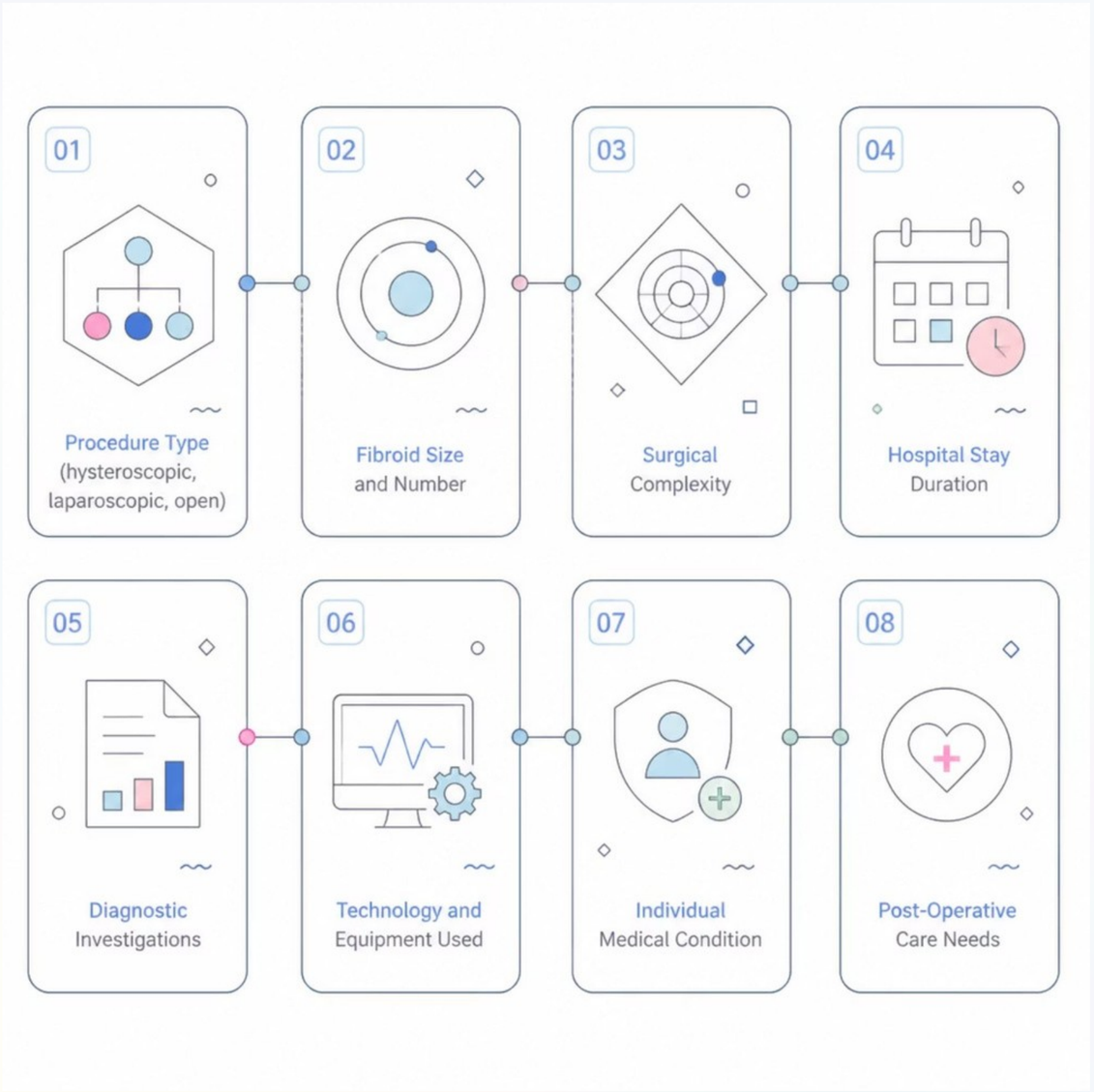
Hysteroscopic Myomectomy Surgery in Delhi

- No Abdominal Incision
- Minimal Pain & Short Hospital Stay
- Faster Recovery
- Uterus Preservation
- Improved Menstrual Symptoms

Hysteroscopic Myomectomy is an advanced, uterus-preserving procedure that removes fibroids located inside the uterine cavity — **without any external incisions**. Our experienced gynaecological surgeons use modern equipment and evidence-based techniques.

Understanding Fibroid Surgery Cost in Delhi

The **fibroid surgery cost in Delhi** varies based on several clinical and treatment-related factors. At Shri Ram Hospital, patients receive **transparent treatment planning** and personalised consultations before any procedure.



Why Choose Shri Ram Hospital?

As a leading **fibroid surgery hospital in Delhi**, Shri Ram Hospital combines experienced specialists with advanced technology to deliver safe, effective, and compassionate care.

Experienced Gynaecologists

Specialists in fibroid diagnosis and surgery

Advanced Endoscopic Surgery

State-of-the-art minimally invasive techniques

Modern Operation Theatres

Equipped with the latest surgical technology

Compassionate Patient Care

Dedicated nursing and recovery team

High Safety Standards

Strict infection control and surgical protocols

Comprehensive Women's Health

Full spectrum of gynaecological services

Recovery After Fibroid

Recovery depends on the type of surgery performed and your overall health. Comprehensive post-operative care is vital for successful healing.

Follow Prescribed Medications

Take all medications as directed by your surgeon

Attend Follow-Up Visits

Schedule and keep all post-operative appointments

Nutritious, Iron-Rich Diet

Stay hydrated and support your body's healing

Gradual Return to Activity

Avoid strenuous activity initially; resume daily routines as advised

Book Your Consultation Today

Don't let uterine fibroids affect your quality of life. Our experienced specialists offer accurate diagnosis and personalised treatment plans to help you recover safely and confidently.

Location

B-14 Shankar Garden, Vikaspuri,
Main Najafgarh Road, New Delhi

Consultation

P : +91 62623 04050

Services

Hysteroscopic Myomectomy & Advanced Fibroid Removal

Trusted Women's Healthcare in Delhi — Experienced specialists, minimally invasive surgery, transparent cost guidance, and compassionate care under one roof.